

# Travel Safety Tips

Whether you've earned a fabulous incentive trip or are headed to learn, network, and celebrate at a conference, we want you to be safe and have a great time every time you travel with Pampered Chef! Here are some tips to keep in mind:

## All the Time

- **Be aware of your surroundings.** Note anything (behavior, sounds, equipment, materials, etc.) that seems out of place.
- **Stay alert.** For example, watch the time, how tired you are, drink responsibly, etc.
- **Be ready to act.** Trust your gut feelings and don't hesitate to act on them.

## Packing & Travel

- **Have copies of important documents.** Make photocopies of your driver's license, credit cards, insurance, etc. (front and back), and store the copies in a safe place at home.
- **Carry important papers with you.** Don't put anything in your checked luggage that you can't afford to lose.

## When You Arrive

- Read the fire safety instructions at the hotel.
- Make note of the closest hospital and police station.
- Don't use unmarked taxi cabs

## Advice to Keep in Mind During Your Stay

### Do

- Use ATMs that are in a hotel or inside banks. They can be safer than walk-up ATMs on the street.
- Keep a hand on your valuables when you are in downtown areas and crowded places. Pickpockets can come in many sizes.
- Be mindful of your outfit and accessories when you go on excursions. Expensive jewelry is often safer left at home.
- If you're detained by an official for any reason, always ask for identification. If in doubt, ask to see a supervisor.
- Keep an eye on your drink at all times.

### Don't

- Don't give your room key to anyone.
- Don't share your personal information with anyone (hotel, room number, phone number, home address, etc.), and avoid discussing within the earshot of strangers. Don't wear your name tag or conference badge in public places.
- Don't accept drinks from strangers.

**See something? Say something.** While participating in a Pampered Chef event or trip, please report all incidents to a Home Office coworker. We're here to help!

References: <http://besurvival.com/tips-and-tricks/10-ways-to-improve-your-situational-awareness>  
[https://www.huffpost.com/entry/situational-awareness-a-k\\_b\\_4846700](https://www.huffpost.com/entry/situational-awareness-a-k_b_4846700)